

## VVSC Spring March/April 2018 Schedule

- **Intermediate, Senior, Master STARSkate and Competitive Skaters:** March 26 - April 27
- **Junior STARSkate:** March 26 – April 26
- **CanSkate: Spring Tuesdays and Thursdays:** March 27 – April 26
- **CanPower: Spring Mondays:** March 26 – April 23

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6:30–6:45 am					Open 630-8am
6:45–7:00 am					
7:00–7:15 am					
7:15–7:30 am					
7:30–7:45 am					
7:45–8:00 am					
3:30–3:45 pm	Jr Star 330-415	Jr Star 330-415		Jr Star 330-415	
3:45–4:00 pm					
4:00–4:15 pm	Intermediate 330-445 (group lesson 30 min)	Intermediate 330-445 (group lesson 30 min)		Intermediate 330-445 (group lesson 30 min)	
4:15–4:30 pm					
4:30–4:45 pm					
4:45–5:00 pm	Power 445-530	Flood		Flood	
5:00–5:15 pm		CanSkate 5-545		CanSkate 5-545	
5:15–5:30 pm					
5:30–5:45 pm	Flood				
5:45–6:00 pm	Senior/Master 545-700 (group lesson 10 min)	Senior/Master 545-700 (group lesson 10 min)		Senior/Master 545-700 (group lesson 10 min)	
6:00–6:15 pm					
6:15–6:30 pm					
6:30–6:45 pm			Jr Star 630-715 Intermediate 630-745		
6:45–7:00 pm					
7:00–7:15 pm					
7:15–7:30 pm			Int/Senior/Master (group lesson 30 min)		
7:30–7:45 pm					
7:45–8:00 pm			Senior/Master 715-830		
8:00–8:15 pm					
8:15–8:30 pm					

### Ice Fit:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Jr Star 425-445 Open 5-530	Jr Star 425-445				Robert F3Fit 1100-1200
		Robert F3Fit 600-700am				

\*\*\*All ice fit and on-ice group enhancement (ie: stroking) classes are included in costs for Jr STAR, Intermediate, Senior, Master STARSkate and Competitive skaters.

\*\*\*All ice including Wednesdays is at Valleyview Arena.