

Summer Skate 2018 Registration

Waiver on page 3 must be signed and handed in with registration form

Skater's Name:	M <input type="checkbox"/> F <input type="checkbox"/>
Skate Canada #:	Age:
Home Club:	
Highest Test Levels Passed:	
Parent/Guardian:	
Address:	
Email:	
Phone:	Alt. Phone:
Emergency Contact:	
Emergency Contact Phone:	
Primary Coach:	
Coach's Phone:	

Program Options

	PRIVATE	JR. STAR
1 Week of Skating	\$175 <input type="checkbox"/>	\$80 <input type="checkbox"/>
2 Weeks of Skating	\$300 <input type="checkbox"/>	\$150 <input type="checkbox"/>
3 Weeks of Skating	\$400 <input type="checkbox"/>	\$210 <input type="checkbox"/>
Evening Open Ice* Number of Days _____ X \$15.00 = Total: _____		

*If skating evenings, please let Lisa know the dates you will be attending. vvscadmin@telus.net

Please indicate which weeks you will be skating

Week 1 Week 2 Week 3

Buy on ice:

On open sessions if space is available. \$20 per 1 hour session.
Buy on full days (if spaces available) \$50



Summer Skate 2018

3 Weeks, July 30 - August 16

McArthur Island / Brock Arena
Kamloops, B.C.

Coaches

VVSC Coaches: Lisa Henson, Eva Davies, Tammy Cadwell
Guest Coach: TBA

Lessons

Private and semi-private lessons will be available during open ice skate times and must be arranged with Lisa Henson. Private and semi-private lesson fees are billed separately by the coaches and are not included in the regular summer ice fees.

Lesson Rates

Private Lessons	\$12.00 per 15 minutes - for Freeskate / Choreo / Dance
Semi-Private Lessons	Refer to website / Guest coach rates may differ

Weekly summer ice fees include all off ice activities and all on ice training except pre-arranged private or semi-private lessons.

Payment and Registration

Registration plus a \$175 deposit (or payment in full) must be received by **June 15, 2018**. A \$25 late fee will be added to registrations received after this date.

(non Skate Canada members must pay \$50.00 membership fee)

Register and pay with Credit Card at <http://vvsc.ca>

We also accept cash, money order or cheque (payable to Valleyview Skating Club)

\$40.00 will be charged for NSF cheques



website: <http://vvsc.ca>
coach/Lisa: vvscadmin@telus.net

Summer Skate 2018 Schedule

Week 1 - Mon Jul 30 to Thurs Aug 2 (McArthur Island Olympic Arena)

Week 2 - Tues Aug 7 to Fri Aug 10 (Brock Arena)

Week 3 - Mon Aug13 to Thurs Aug16 (McArthur Island Olympic Arena)

Weeks 1/3	Daily Schedule (4 Days per Week) *		Week 2
8:30 - 8:45	Off Ice (Intermediate and Senior) **		8:00 - 8:15
8:45 - 9:00	Skates On		8:15 - 8:30
9:00 - 9:15	Figures (Intermediate and Senior)		8:30 - 8:45
9:15 - 9:30	Intermediate Group Lesson	Senior Open Ice	8:45 - 9:00
9:30 - 9:45			9:00 - 9:15
9:45 - 10:00	Intermediate Open Ice	Senior Group Lesson	9:15 - 9:30
10:00 - 10:15			9:30 - 9:45
10:15 - 10:30	Break		9:45 - 10:00
10:30 - 10:45	Dance/Skills (Intermediate and Senior)		10:00 - 10:15
10:45 - 11:00	Open Ice (Intermediate and Senior)		10:15 - 10:30
11:00 - 11:15			10:30 - 10:45
11:15 - 11:30			10:45 - 11:00
11:30 - 11:45			11:00 - 11:15
11:45 - 12:00	Junior Star Lesson	Skates Off (Intermediate and Senior)	11:15 - 11:30
12:00 - 12:15		Off Ice (Intermediate and Senior) **	11:30 - 11:45
12:15 - 12:30			11:45 - 12:00
12:30 - 12:45	Junior Star Skates Off		12:00 - 12:15
12:45 - 13:00	Junior Star Off Ice **		12:15 - 12:30
13:00 - 13:15			12:30 - 12:45

* Schedule may be adjusted as necessary

** Off Ice includes: yoga, dance, strength training, endurance, pilates, flexibility training, jump and spin techniques

Summer Evening Ice: McArthur Island Olympic Arena

July

Tuesday	Thursday	Friday
3 5:00PM - 6:30PM Brock Arena	5 5:00PM - 6:30PM Brock Arena	20 5:00PM - 6:30PM Brock Arena
24 5:45PM - 7:15PM McArthur - NHL	26 5:45PM - 7:15PM McArthur - NHL	
31 5:45PM - 7:15PM McArthur - NHL		

August

Tuesday	Thursday
	2 5:45PM - 7:15PM McArthur - NHL
7 5:45PM - 7:15PM McArthur - NHL	9 5:45PM - 7:15PM McArthur - NHL
14 5:45PM - 7:15PM McArthur - NHL	16 5:45PM - 7:15PM McArthur - NHL



Summer Skate 2018

vvsc.ca

Liability Waiver and Release

Skater's Name:

- 1) All skaters skate at their own risk. The Valleyview Skating club will not be held responsible for injuries or loss of property incurred while attending this club. The undersigned agrees to abide by the rules and policies of the club which can be viewed on our web site – www.vvsc.ca and be responsible for the payment of any sessions or lessons booked.
- 2) I hereby give my consent to the Valleyview Skating Club to put my telephone number and/or email address on a club contact list for the sole purpose of club communications.
- 3) Should the opportunity arise, I give permission for the above named skater to be included in photos and/or videos which may be taken by representatives of Valleyview Skating Club for publications, media coverage, club website or promotional activities.

Signature of Skater or Parent/Legal Guardian

Date

HOME CLUB CERTIFICATION (non VVSC members only)

This to certify that _____
is a member in good standing of the _____ Club
and may participate in the Valleyview Skating Club Summer Program.

Home Club Signature:

Club Position:

Mail completed registration and payment to:

Summer Skate
C/O Valleyview Skating Club
PO Box 582
Kamloops, BC
V2C 5L7



website: <http://vvsc.ca>
coach/Lisa: vvscadmin@telus.net