

VVSC Spring March/April 2019 Schedule – Valleyview Arena

- **Intermediate, Senior, Master STARSkate and Competitive Skaters:** March 25- April 25
 - see separate schedule for May
 - Mini competition April 10 – no regular skating
 - Spring Show April 30
 - No skating Fri. April 19 or Mon. April 22
- **Junior STARSkate:** March 25 – April 25 (no skating Mon. April 22)
- **CanSkate: Spring Tuesdays and Thursdays:** March 26 – April 25
- **CanPower: Spring Mondays:** March 25 – April 15

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | |
|--------------|---|-------------------------------------|---|---|-------------------------|--|
| 6:30–6:45 am | | | | | | |
| 6:45–7:00 am | | | | | Open 645-745 am | |
| 7:00–7:15 am | | | | | | |
| 7:15–7:30 am | | | | | | |
| 7:30–7:45 am | | | | | | |
| 7:45–8:00 am | | | | | | |
| | | | | | | |
| 3:30–3:45 pm | Senior/Master 330-445 (group lesson 30 min) | Int 330-445 (group 40 min) | | Int 330-445 (group 40 min) | | |
| 3:45–4:00 pm | | | | | | |
| 4:00–4:15 pm | | | Jr Star 400-445 | | Jr Star 400-44 5 | |
| 4:15–4:30 pm | | | | | | |
| 4:30–4:45 pm | | | | | | |
| 4:45–5:00 pm | Power 445-530 | Flood | | Flood | | |
| 5:00–5:15 pm | | CanSkate 5-545 | | CanSkate 5-545 | | |
| 5:15–5:30 pm | | Flood | | Flood | | |
| 5:30–5:45 pm | | | | | | |
| 5:45–6:00 pm | Int 545-700 | Jr Star 545-630 | Senior/Master 545-700 (group lesson 30 min) | Senior/Master 545-700 (group lesson 30 min) | | |
| 6:00–6:15 pm | | | | | | |
| 6:15–6:30 pm | | | | | | |
| 6:30–6:45 pm | | | | | Intermediate 630-745 | |
| 6:45–7:00 pm | | | | | | |
| 7:00–7:15 pm | | | | | | |
| 7:15–7:30 pm | | | Int/Senior/Master (group lesson 30 min) | | | |
| 7:30–7:45 pm | | | | | | |
| 7:45–8:00 pm | | | Senior/Master 715-830 | | | |
| 8:00–8:15 pm | | | | | | |
| 8:15–8:30 pm | | | | | | |

Ice Fit:

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|----------------------------------|-----------------|-------------|-----------------|--------|---------------------------|
| | Sr/Ma 450-520 Jr Star 520-535 | Jr Star 340-355 | Int 550-620 | Jr Star 340-355 | | Robert F3Fit 1000-1045 |

All ice fit and on-ice group enhancement (ie: stroking) classes are included in costs for Jr STAR, Intermediate, Senior, Master STARSkate and Competitive skaters.

All ice including Wednesdays is at Valleyview Arena.