



September 1, 2021 Edition

Information Bulletin

- **September 8, 2021:** Autumn Leaves **Registration Deadline**
- **September 10, 2021:** VVSC CanSkate Bursary **Application Deadline**
- Sept 13 ~ Dec 17, 2021: Fall Session STAR 1 & up
- Oct 4 ~ Dec 10, 2021: Fall Session CanSkate & PreCanSkate
- Oct 7 ~ Dec 9, 2021: Fall Session Adult CanSkate
- Parent info night: TBA
- PA (Program Assistant) Training date: Sept 14 ~ 16, 2021
- All members are welcome to attend Board Meetings. If you would like to attend please email Danya Leduc, Club President at: presidentvvsc@gmail.com

Welcome Back to the Rink!

We have an exciting season upon us and are looking forward to getting reacquainted with our Skating Families & adding New Family Members!

New & Exciting!

Valleyview's first and very own Club Skate Shop!

Alana Wassing & Patti Pockett have been working very hard to put together an on-site shop to facilitate renting or buying skates. Thus, giving our skaters access to quality skates to help ensure skater development!

Rentals:

The rental shop will focus on Canskaters needs. We will be looking to purchase good condition used figure skates to stock our shop. We are looking for quality lace up skates (such as Jacksons) with solid ankle support (sizes child 10 through 2).

Consignment:

This area would be geared towards STARskaters needs. It would allow STARskaters to put their good condition skates on consignment for other skaters to buy. The seller will get 90% from the sale and the Valleyview Skating Club will receive 10%.

Please refer back to your emails as a more detailed memo was sent out on 8/21/2021.

If you have skates at home that you think would work for our rental shop or you would like to put skates in our consignment shop, please contact Alana Wassing at awassing@sweetwater.ca

PRE-SEASON TIPS

Not sure what your skater needs? Please check out our website <https://vvsc.ca/canskate> for a detailed outline of *what to wear* and short clips explaining *what to look for* when purchasing and fitting your skater with skates.

COACHES CORNER



Tammy Cadwell

CanSkate Coordinator ~ Masters Base Coach

dagdud@yahoo.com

Hi! I am Tammy Cadwell.

I have been coaching since September 1986 and with the Valleyview Skating Club since January 2010. I am a certified Provincial Coach and working on my National Coaching level and the new CanPower coaching certificate.

I truly enjoy working with each and every skater at every level, from a brand-new skater to a skater who has been working at our sport for a while. It is so rewarding to watch as a skater, of any age, masters a skill! Working with children is a lot of fun and the reason I come to the rink every day.

I am married to a wonderful man and have 5 children and 7 grandchildren. I also work at the City of Kamloops in the Revenue Department.

Tammy



Eva Davies

STAR 1 & 2 Base Coach

sk8.vvsc@gmail.com

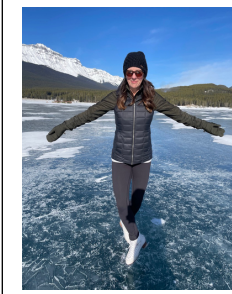
Hi! I am Eva Davies and have been coaching with Valleyview Skating Club for 10 years. I've seen the club grow in so many ways and it's really exciting to see how far we have progressed since I started.

From the young age of 2 I started skating in Sidney BC. By the time I was 5 years old I joined CanSkate and then competed in my first skating competition at 7. From there my love of skating continued to grow. As a teenager the long hours of practice at the rink paid off and I continued to compete up to Jr Ladies and then nationally in the Gold Triathlon. I had always loved performing and the artistic side of skating and decided to join Disney on Ice and tour around the world! Aside from that, I had the opportunity to be a part of other ice shows, be a part of a film for Canada 150, compete in Europe and Vancouver at the Adult Worlds and meet a lot of inspiring people along the way. Skating has opened up many thrilling doors in my life.

As a coach I particularly enjoy choreography, edges and turns but I also like the technical aspect. It is really great to be able to work with all levels of skaters from CanSkate up and watch them grow into their own unique styles. I want to make sure every skater always loves what they are doing and be able to find that joy in skating that I have experienced during my skating career!

Eva

COACHES CORNER



Lisa Nahorniak (Henson)

STAR 3 Base Coach

vwscadmin@telus.net

I am happy to be coaching with VVSC again this season. I have been a member of the club since moving to Kamloops in 2004, first as an adult skater, board member and the last few years as a coach. I have been coaching in some way shape or form for over 35 years and love being on the ice sharing my love for the sport.

When I am not at the rink with our fabulous VVSC skaters, I work full time at Finning Canada, hang out with my kids Airlie (17) and Noah (15) and our 4-year-old Bernedoodle Kihei. I got back into playing softball this past summer and even dug out my old rollerblades the other day! I am going to be joining some of our skaters in the 'breaking in new skates' days this fall - wish me luck!! Looking forward to seeing everyone soon!

Lisa



Lis(a) Skubovius

STAR 4 & up Base Coach

skatecoachlisa@gmail.com

As a duck is to water, I am to ice! Starting on skates before the age of two, it was love at first glide, and truly my passion for the sport just continues to grow every day.

As an amateur skater, I enjoyed long hours at the rink, whether that be for my own training, coaching younger skaters, or volunteering as an Evaluator for Skate Canada at competitions and assessment days in Manitoba. While I enjoyed some success competing as a Singles skater, the highlight of all those events was being a part of a Synchronized Skating team that competed in the Canadian Championships.

I began coaching professionally in 1994, but after 5 years (including 4 in Clearwater), decided to pursue my lifelong dream of skating in a touring ice show. Appearing as Miss Lynch in *Grease On Ice* and skating alongside World and Olympic medallists was an incredible way to launch into 11 years of touring the world and performing for millions of people. And because I'm quite tall, in later years I also had the excitement of performing as several evil Disney characters, including Maleficent and Cinderella's wicked stepmother.

In 2010, I left touring to work on the Vancouver Paralympic Ceremonies as the Cast Manager, and upon completion of that huge job, I returned to coaching. For 8 years, I drove up and down the Elk Valley, coaching at three clubs, before taking a sabbatical year and volunteering as a rink builder and skating coach high in the Himalayas of India.

It's been an awesome, winding path that's led me back to the Thompson Valley, which is a great thing because my love for this neck of the woods is akin to my love for skating. I consider every day to be a good day when I can go to the rink, throw on my skates, and motivate and lead young athletes to reach their potential and find all the amazing things figure skating has to offer!!

Lis(a)



FUN FACTS

Our club offers a [\\$150 CanSkate Bursary](#) for both Fall and Winter sessions that is award to a CanSkate family who is in need of financial support.

- September 10th deadline for consideration for the Fall session
- December 10th deadkine for consideration for the Winter Session.
- For more information please visit our website <https://vvsc.ca/canskate/> and look under the CanSkate Bursary heading.

Valleyview Skate Club Board Members

President:	Danya Leduc	presidentvvsc@gmail.com
Vice President:	Heather McKim	
Past President:	Alana Wassing	
Secretary:	Lori Wells	
Treasurer:	Shannon Martin	vvsc.treasurer@gmail.com
Skate Canada Registrar/Director at Large:	Alice Munger	vvsc.registrar@gmail.com
Pro Liaison/Director at Large:	Cheyenne Irvine	
Coaches Representative:	Lis(a) Skubovius	skatecoachlisa@gmail.com
Director at Large:	Patti Pockett	
Director at Large:	Ev Pochay	
Director at Large:	Leea Hillis	

Volunteer Positions

Fundraising Chair:	Kim Tucker
Competition Chair:	Patti Pocket
Recognition Chair:	Ev Pochay
Communications Chair:	Ev Pochay & Leea Hillis
Advertisement & Media Chair:	Heather McKim & Ev Pochay
Volunteer Coordinator:	Danya Leduc & Heather McKim



COVID 19 Protocols

As of August 26, 2021, the City of Kamloops has updated guidelines for arenas in Kamloops

Important considerations include:

- Staying home if sick
- Users must wear a mask at all times in All Off-Ice Areas of the arena
- Maximum of 50 person permitted (athletes, coaches, managers) on ice
- NO spectators at this time ~ please watch for emails regarding spectator details as the rules change frequently

For the most up to date information, please continue to refer to our website at <https://vvsc.ca/covid-reopening>