



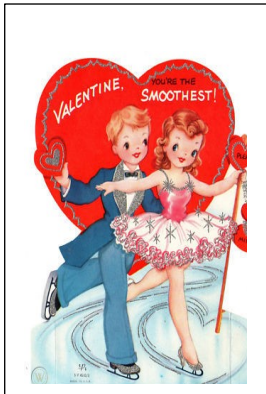
February 2022 Edition

## Information Bulletin

- Valentines CanSkate Week: Tues Feb 8 - Mon Feb 14
- Feb 9, 22: In Person Registration Deadline BC/YK Section StarSkate Competition
- Feb 16, 22: Virtual Registration Deadline BC/YK Section StarSkate Competition
- Mon Feb 21, 2022 the rink will be closed for Family Day
- 50/50: Jan 31 – Mar 16<sup>th</sup>, 22
- To attend Board Meetings please email Danya Leduc, Club President at: [presidentvpsc@gmail.com](mailto:presidentvpsc@gmail.com)



## FEBRUARY @ THE RINK



**VALENTINE'S WEEK** is always a fun holiday to celebrate at the rink, so be sure to wear some **red** and **pink** and skate till your heart is full this month!!!

As we head in to the second month of 2022, we had hoped to have our first opportunity of the New Year to showcase our skills and present our club at the Okanagan Regional Championships, however, 2022 has started a little off kilter. The Covid related cancelation has not slowed our skater's enthusiasm for their sport! The kids are making fantastic progress and showing great dedication, taking this extended time to really work hard and improve their skills. Our club and skaters are only getting better...keep your spirits high, blades sharp and keep honing those skills...Our time to shine is not far off!!



The Coaches have really come through and used some extra ice time, that would have been used for competition practice, and put on a fun and uplifting bonus skate session. Star 2 & 3 got the opportunity to work on establishing their new solos. We can hardly wait to see their new moves and hear their music choices! While Star 4 and up worked on a top-secret choreography project that according to Coach Lis "will knock your socks off later in the season!!!" The coaches and skaters are also working towards our **Spring Showcase**. Fun and Spring are on the horizon!



Are you looking for **skating outfits** for your skater?

If so, please reach out to Alana at our skate shop. [awassing@sweetwater.ca](mailto:awassing@sweetwater.ca) She has some loved but still fashionable and fabulous skating attire that is just waiting for a new home!

## FUNDRAISING

# 50/50 DRAW

We are excited to announce our first online 50/50 raffle. Please help support the club & skaters and purchase a 50/50 ticket. If all 500 tickets are sold the winner will go home with a \$2500 Cash Prize!!! The 50/50 will run till March 16, 2022 at 9:00:00 p.m. PDT. With the prize to be drawn on March 17, 2022 at 5:00 p.m. PDT at the Valleyview Arena on Facebook Live stream.

**Raffle Link:** <https://valleyviewskatingclub.rafflenexus.com>

**MAY THE LUCK OF THE IRISH BE ON YOUR SIDE!!**



**ONLY \$10 PER TICKET!!!**

**Live Draw Link:** <https://www.facebook.com/valleyviewskatingclub/>

Please read the rules prior to ordering tickets as the raffle is only open for British Columbia Residents. The winner will be contacted by phone by the Valleyview Skating Club. Winners consent to release of their names by licensee. Staff and Board Members are not eligible to participate.

**Contest Rules:** <https://valleyviewskatingclub.rafflenexus.com/rules-of-play>

**Please share on Social media with friends and family to support our skaters!!**

**(when you go to the raffle link you will see small shareable social media icons. Just hit and share!)**

*Thank you for supporting Valleyview Skating Club.*

- **Reverse Bottle Drive:** *General Grants in Sahali:* Valleyview Skating Clubs name, **Account number: 604-309-4307.** OR reach out to Kim for bag Labels @ [vscfundraising@gmail.com](mailto:vscfundraising@gmail.com) Bag labels can also be picked up at the CanSkate table

## Coaches Corner

### Skate Guards & Sharpening

Did you know there are **2 types of guards**? Both guards come in a variety of colors and designs. Both are strongly recommended to help keep your blades in optimal shape.

#### The Hard Guard:

Hard Guards are used when walking to and from the ice in your skates. While a soft towel can be used to dry your skates before putting hard guards on, they are not recommended for storage as moisture can collect in the grooves and lead to rusting. Rusted skate blades can lead to falls on the ice. Hard guards help in preventing nicks and chips in your blades from concrete, dirt and gravel. They also help keep dirt, gravel and debris off the ice. It only takes a small bit of debris carried onto the ice to cause a skater to fall and potentially hurt themselves.

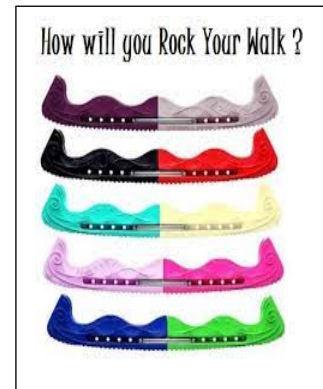
#### The Soft Guard/Soaker/Blade Saver:

Soft guards are meant to keep your blades dry and rust free when you are not using your skates. Before putting your soft guards on your skates, you should always take a soft cloth and wipe away any excess water, ice or moisture from your blades so that while in storage the blades are not sitting in soggy covers that could lead to rusting.

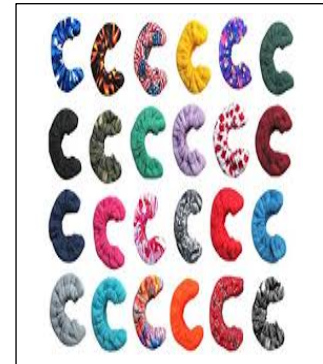
#### Skate Sharpening

Skate sharpening is recommended every 15 to 20 hours. For CanSkate and Leisure skaters we highly recommend Consignor Sports here in Kamloops. For higher level (Star 1 and up) professional figure skate sharpening, Skaters' Edge in Coquitlam, BC or Blade Runner in Coldstream/Vernon, BC are commonly used by our skaters. Please watch for emails from your coach as we occasionally have a coach or skate family do a sharpening run. If you are unsure if your skates need sharpening, please don't hesitate to reach out to your coach and have them check you blades.

#### HARD GUARD = WALKING GUARD



#### SOFT GUARD/ SOAKER/ BLADE SAVER = STORAGE GAURD





## COVID 19 Protocols

### Most importantly - If you are sick or feel unwell, Stay Home!

o **You must self-isolate if:**

- **You tested positive for Covid-19**
- **You develop symptoms of Covid-19 but testing is not recommended**
- **You have travelled outside of Canada (Federal Regulation)**

*For questions or concerns regarding further Covid protocol please refer to the January 23, 2022 club email*

**As of December 31/2021, Scanned Proof of Full Vaccination/QR codes are MANDATORY** for all spectators, coaches, officials, parents and volunteers supporting youth sport

**Volunteers will be required to scan all spectators ProfV/QR codes and see corresponding Picture ID at all sessions. A consent form will be available for those who wish to sign and not have to show ProfV/QR codes & ID at each session. For those who do not feel comfortable signing the consent form, volunteers will be available to scan ProfV/QR codes & check ID at each session.**

- a) Youth sport **Participants (Skaters)** (21 years and under) are exempt from proof of vaccination
  - b) **Spectators 18+** must show **ID & proof of vaccination**
  - c) **Spectators 12+** must show **proof of vaccination**
- Ages 5 and up Masks are required in All Off-Ice Areas for all visitors and participants
  - **PreCan & CanSkate sessions are limited to 1 adult spectator per Skater**

## Please Be Kind

Parents, family members and friends in supporting positions at the rink are volunteering their time and must comply with Provincial and Municipal restrictions and guidelines. The rules are out of their hands.

In the long and short of it, we all just want to keep our kids safe and ensure they get to continue participating in the Sport They Love!!