



October 2022 Edition

Information Bulletin

- **Friday Oct 21, 2022 (11:45 PM):** Okanagan Interclub, West Kelowna bc **Registration Deadline**
- Monday Oct 10, 2022: **NO skating** as per **Thanksgiving**
- **Oct 13 ~ 16, 2022:** *Autumn Leaves Competition*, McArthur Island Park, Kamloops BC
- All members are welcome to attend Board Meetings. If you would like to attend please email Alanna Wassing, Club President at: awassing@sweetwater.ca
- Monday Oct 31, 2022: **NO Pre or CanSkate** as per **Haloween**

OCTOBER @ THE RINK

With the spirit of Halloween Fun in mind the CanSkaters and StarSkaters are encouraged to dress up and participate in the fun!! The last week in October we will be celebrating Halloween with fun activities implemented in our regular CanSkate and StarSkate lessons. Skaters are encouraged to wear SKATEABLE costumes/makeup (no masks over eyes as they reduce vision; no long skirts, scarves or dangling fabric as they can get caught in skates) Be creative while keeping skating attire and safety in mind. **Please Note that there will be NO PreCan or CanSkate sessions on October 31, 2022 so that your skaters can enjoy a night of trick or treating.**

Autumn Leaves

With the approaching Autumn Leaves competition in Kamloops, BC, October 13th–16th, 2022 we would like to extend our best wishes and good luck to our Skaters who will be competing. We hope to see you all at the McArthur Island Arena showing our support and pride in our club!! If you can't make it in person, the event will be *livestreamed*, tune in at skatinginbc.com

Volunteers are still needed for the Autumn Leaves Figure Skating Competition
please see below to help out

VOLUNTEERING

As per the president's email that came out Sept 27th Volunteers are still Very Much needed to help run and operate the Autumn Leaves Figure Skating Competition, we are hosting this year from October 13th to 16th.

There are a variety of jobs to choose from in the sign-up link below. There is a description by each job to help you understand it a bit more. You will be given all the information and training you need when you check in at the registration table for your shift. Donations of Treats, Veggie Trays, Fruits and Keurig Coffee Pods are also needed and listed on the sign-up sheet.

There are also still STAR 3 or higher volunteer jobs available.

Please Sign up:

Sign Up Link: <https://www.signupgenius.com/go/20F0D48AFA822AAF94-autumn>

COACHES CORNER

Coach Kathryn Heid

CanSkate Coach



Hi, I'm Kathryn Held, but most people at Valleyview call me Katie. This is my first-year coaching, but I've been a CanSkate PA for quite a few years now. Through being a PA I realized my passion for teaching young children and it's something I've really enjoyed doing. I've been skating at Valleyview since I was 4 or 5. I started out in the CanSkate program and now I get to coach it! I'm looking forward to being part of the coaching team and continuing to help bring on a new generation of skaters. I'm currently in my grade 12 year of high school, and I continue to be a skater as well as a coach. Coaching is my happy place and I'm looking forward to seeing everyone in the new season!



Congratulations Coach Sarah!!!

*Wishing you & your husband
a long life filled with love and happiness*

Program Assistants (PA's)

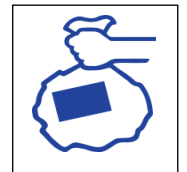
Once again Coach Tammy has put together a fantastic group of PA's to help out with the CanSkate program. For those of you who are unfamiliar with the PA Program, it is comprised of Star 3 and up skaters who are 10 years of age or older. PA-ing is a component of each Star 3 and above skaters program requirements. Each year a training session is held. Upon completion of their yearly PA training, skaters are able to assist the coaches in helping set up and direct the CanSkate sessions. Without the dedication of the coaches and the PA's the CanSkate program would not be possible. A huge thank you to Tammy for making this happen and to all the coaches, volunteers and PA's for putting in the work!

FUNDRAISING

Kim Tucker has once again taken on the task of organizing our fundraising endeavours. Kim's efforts and experience along with the time and generosity from our skaters, parents and supporters help make our club possible. Fundraising helps keep your costs down, so every little bit helps!

Reverse Bottle Drive:

General Grants in Sahali will take bottle drop offs in Valleyview Skating Clubs name Please reference our **Account number: 604-309-4307**. OR reach out to Kim for bag Labels @ vsconfundraising@gmail.com Bag labels can also be picked up at the CanSkate table.



COVID 19 Protocols

- Please Stay Home if you are feeling unwell or experiencing symptoms consistent with COVID-19