



2023-2024 TEEN and ADULT CanSkate

All lessons are at VALLEYVIEW ARENA.

For teens and adults wanting to learn to skate or improve their skills in a safe, fun, and welcoming environment.

Minimum age requirement is 14 years.

CSA approved Helmets are mandatory. (Others such as bike and ski helmets are not permitted).

DAY	PROGRAM	TIME	DATES	DESCRIPTION	COST*
MONDAYS	FALL 2023	6:45-7:15 pm	Oct 2 – Dec 11 2023 (No skating Oct 9)	10 sessions 30 minutes Group lesson	\$165
	WINTER 2024	6:45-7:15 pm	Jan 8 - Mar 11, 2023 (No skating Feb 19)	9 sessions 30 minutes Group lesson	\$148.50

***Yearly membership will be added to first registration: \$65 valid Sept 1, 2023 - Aug 31, 2024**