

VVSC SUMMER Schedule



Week 1: EVENINGS (Monday, July 29 – Thursday, August 1)

McArthur NHL (Tuesday ice is McArthur OLY)

Monday – Thursday (Same schedule every day)		
ON ICE		OFF ICE
Star 5/6+ 5:45 pm - 6:45 pm		Star 2, 3, 4 OFF ICE 6:00-6:30 pm
Star 2, 3, 4 6:45 pm - 7:45 pm		Star 5/6+ OFF ICE 7:00-7:30 pm
FLOOD		
Star 5/6+ 8:00-9:00pm	Star 4 add on 8:00-9:00pm	Masters 8:00-9:00pm

Week 2: MORNINGS (Tuesday, August 6 – Friday, August 9)

McArthur OLY (Thursday ice is Brock)

Tuesday – Friday (Same schedule every day)		
ON ICE		OFF ICE
Star 5/6+ 8:45 am - 10:00 am		Star 2, 3, 4 OFF ICE 9:15-9:45 am
Star 2, 3, 4 10:00 am - 11:00 am		Star 5/6+ OFF ICE 10:15-10:45 am
FLOOD		
Star 5/6+ 11:15am - 12:15pm	Star 4 add on 11:15am - 12:15pm	Masters 11:15am - 12:15pm

Week 3: MORNINGS (Monday, August 12 – Thursday, August 15)

McArthur OLY – (Thursday is Brock)

Monday – Thursday (Same schedule every day)		
ON ICE		OFF ICE
Star 5/6+ 8:45 am - 10:00 am		Star 2, 3, 4 OFF ICE 9:15-9:45 am
Star 2, 3, 4 10:00 am - 11:00 am		Star 5/6+ OFF ICE 10:15-10:45 am
FLOOD		
Star 5/6+ 11:15am - 12:15pm	Star 4 add on 11:15am - 12:15pm	Masters 11:15am - 12:15pm

Package Details:

Group	Cost	Description
Star 2, 3	\$100 per week	3 Weeks / 4 days per week 60 minutes on ice per day / 30 minutes off ice per day ALL group, private/semi-private, off ice lessons included
Star 4	\$100 per week Add on: \$50 per week	3 Weeks / 4 days per week 60 minutes on ice per day / 30 minutes off ice per day ALL group, private/semi-private, off ice lessons included Add on session available – 60 minutes per day (private and semi-private lessons billed separately for add on session)
Star 5, 6+	Week 1: \$120 Week 2: \$130 Week 3: \$130	3 Weeks / 4 days per week 2 hours to 2.25 hours on ice per day 40 minutes group lesson time included per day 30 minutes off ice training included per day
Masters	\$50 per week	3 Weeks / 4 days per week 60 minutes on ice per day / 30 minutes off ice per day 20 group, private/semi-private, off ice lessons included

*Schedule and Star groups may be subject to change pending registration numbers. It is our club goal to use ice and coaching time most efficiently.

*Membership fee may apply (membership is valid Sept 1 – Aug 31 each year). Yearly membership fee is \$65.