

Schedule Details:

CanSkate (PreCanSkate, CanSkate, Teen/Adult CanSkate):

Fall sessions begin week of September 23 (10 weeks).

Winter sessions begin week of January 6 (10 weeks, Monday is 9 weeks).

StarSkate/Competitive/Master:

Regular season is September 9, 2024 to March 14, 2025 (25 weeks).

Lessons Included for Each Star Level:

Group Lessons

- Star 1: 45 min / Star 2: 40 min / Star 3: 30 min / Star 4: 30 min / Star 5 20 min / Star 6+: 20 min

Private and Semi-Private Lessons

- Private and semi-private lessons are included in registration costs for Star 2, 3, and 4. No separate billings from coaches each month.
- Private and semi-private lessons for Star 5, 6+, and Masters are not included and will be billed separately by coaches.

Off Ice

- Dryland ice fit classes are included in registration costs. See schedule above.

Harness

- Dryland harness training is included in registration costs. Harness will be offered on a rotational schedule for all Star 1 and up skaters.

Season Start Up - Star 3 and UP

- To get a jump start on the season, bonus sessions will run the end of August and beginning of September and will include a variety of training specific topics. This is in addition to regular season sessions. See separate calendar for details. Bonus start up sessions are at no cost for skaters who register by August 25th.

Holidays and Cancellations (No Skating):

Thursday, September 12 (ice cancelled)

Monday, September 30 (National Day for Truth and Reconciliation)

Friday, October 4 – No PreCanSkate. Early Open Friday session skates as usual.

Monday, October 14 (Thanksgiving)

Thursday, Oct 31 (Halloween) – No CanSkate/PreCanSkate. Other groups skate as usual.

Monday, November 11 (Remembrance Day)

Friday, November 22 – No PreCanSkate. Early Open Friday session skates as usual.

December 18, 19, 20 (Ice cancelled)

December 21 through January 5 (Winter Holidays)

Monday, February 17 (Family Day)

*Wednesdays at SMC:

Occasionally, Star 5/6+ and Masters sessions on Wednesdays at SMC are cancelled due to Blazers games or other conflicts.

These dates are **CANCELLED**: Sept 25; Jan 22, 29; Feb 26; Mar 12.

Star 5/6+ will make up these sessions on the same dates from 2:30-3:30 at Valleyview.

Masters will not have make up dates and cost has been prorated.