



VVSC SUMMER 2 - 2026 Schedule



Week 1: EVENINGS (Monday, July 27 – Thursday, July 30)

McArthur (Monday/Tuesday OLY and Wednesday/Thursday NHL)

MONDAY	
ON ICE	OFF ICE
	OFF ICE WARM UP 5:15 pm - 5:30 pm
ALL LEVELS (2, 3, 4, 5, 6+, M) 5:45 pm - 6:45 pm	
	OFF ICE COOL DOWN 6:55 pm – 7:10 pm

TUESDAY / WEDNESDAY / THURSDAY (Same schedule each day)		
ON ICE		OFF ICE
		Star 2, 3, 4 OFF ICE 5:00-5:30 pm
Star 2, 3, 4 5:45 pm - 6:45 pm		Star 5/6+/M OFF ICE 6:00-6:30 pm
Star 5/6+ 6:45-7:45pm	Star 4 add on 6:45-7:45pm	Masters 6:45-7:45pm
FLOOD		
Star 5/6+ 8:00-9:00pm		

Week 2: MORNINGS (Tuesday, August 4 – Friday, August 7)

McArthur OLY (Thursday ice is at Brock)

Tuesday – Friday (Same schedule every day)		
ON ICE		OFF ICE
		Star 2, 3, 4 OFF ICE 8:00 – 8:30 am
Star 2, 3, 4 8:45 am – 9:45 am		
Star 5/6+ 9:45am - 10:45 am	Star 4 add on 9:45am - 10:45 am	Masters 9:45am - 10:45 am
FLOOD		
Star 5/6+ 11:00 am – 12:15 pm		
		Star 5/6+ OFF ICE 12:30 – 1:00 pm

Week 3: MORNINGS (Monday, August 10 – Thursday, August 13)

McArthur OLY (Thursday ice is at Brock)

Monday – Thursday (Same schedule every day)		
ON ICE		OFF ICE
		Star 2, 3, 4 OFF ICE 8:00 – 8:30 am
Star 2, 3, 4 8:45 am – 9:45 am		
Star 5/6+ 9:45am - 10:45 am	Star 4 add on 9:45am - 10:45 am	Masters 9:45am - 10:45 am
FLOOD		
Star 5/6+ 11:00 am – 12:15 pm		
		Star 5/6+ OFF ICE 12:30 – 1:00 pm

Package Details:

Group	Cost	Description
Star 2, 3	\$100 per week	3 Weeks / 4 days per week 60 minutes on ice per day / 30 minutes off ice per day ALL group, private/semi-private, off ice lessons included
Star 4	\$100 per week Add on: \$50 per week	3 Weeks / 4 days per week 60 minutes on ice per day / 30 minutes off ice per day ALL group, private/semi-private, off ice lessons included Add on session available – 60 minutes per day (10 minute group lesson included; all other private and semi-private lessons billed separately for add on session)
Star 5, 6+	Week 1: \$120 Week 2: \$130 Week 3: \$130	3 Weeks / 4 days per week 2 hours to 2.25 hours on ice per day 40 minutes group lesson time included per day 30 minutes off ice training included per day Private/semi-private lessons billed separately
Masters	\$50 per week	3 Weeks / 4 days per week 60 minutes on ice per day / 30 minutes off ice per day 10 min group lesson included Either off-ice session included Private/semi-private lessons billed separately

***Schedule and Star groups may be subject to change pending registration numbers. It is our club goal to use ice and coaching time most efficiently.**

***Membership fee may apply (membership is valid Sept 1 – Aug 31 each year). Yearly membership fee is \$65.**

Pre-Season:

Wed, Aug 19 – Brock – 8:45-10:00 AM

Fri, Aug 21 – Brock – 8:45-10:00 AM

Tues, Aug 25 – NHL – 5:30-6:30 PM

Wed, Aug 26 – OLY – 5:15-6:45

Thurs, Aug 27 – OLY – 4:00-5:30

2-3 days still to be added between Aug 31-Sept 4

Open to Star 4 and Up

Register per date (similar to May/June) – Registration opens in July

Cost: \$10-15 depending on length of ice time

All coaching billed separately, no group time included