



2026-2027 CanSkate



All Lessons are at VALLEYVIEW ARENA.

PreCanSkate – Register for PreCanSkate if your child is 3-5 years of age and has limited experience with skating. Hockey helmets are mandatory.

CanSkate – Register for CanSkate if your child is able to stand up and move independently on the ice or if your child had previously completed PreCanSkate or CanSkate levels. Hockey helmets are mandatory.

CanSkate (5/6) – Register for CS(5/6) if your child is working on the final stages of CanSkate – must have completed their level 4 badge and been invited by the coach. Hockey helmets are mandatory.

Equipment – all skaters **MUST** wear a CSA approved hockey helmet. Others such as ski and bike helmets are **not** permitted. For other information such as good fitting skates, please see <https://vvsc.ca/canskate>

FALL

DAY	PROGRAM	TIME	DATES	DESCRIPTION	COST*
MONDAY	CanSkate	5:45-6:30 pm	Sept 21 – Nov 30, 2026 (no skating: Oct 12)	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	5:55-6:25 pm	Sept 21 – Nov 30, 2026 (no skating: Oct 12)	10 sessions 30 minutes Group lesson	\$175
	CS (5&6)	3:30-4:30 pm	Sept 21– Nov 30, 2026 (no skating: Oct 12)	10 sessions 60 minutes Group lesson	\$200
TUESDAY	CanSkate	5:15-6:00 pm	Sept 22 – Nov 24, 2026	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	5:25-5:55 pm	Sept 22 – Nov 24, 2026	10 sessions 30 minutes Group lesson	\$175
WEDNESDAY	CanSkate	4:45-5:30 pm	Sept 23 – Dec 9, 2026 (no skating Sept 30, Nov 11)	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	4:55-5:25 pm	Sept 23 – Dec 9, 2026 (no skating Sept 30, Nov 11)	10 sessions 30 minutes Group lesson	\$175
	CS (5&6)	3:30-4:30 pm	Sept 23 - Dec 9, 2026 (no skating Sept 30, Nov 11)	10 sessions 60 minutes Group lesson	\$200
THURSDAY	CanSkate	4:30-5:15 pm	Sept 24 - Nov 26, 2026	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	4:40-5:10 pm	Sept 24 - Nov 26, 2026	10 sessions 30 minutes Group lesson	\$175
FRIDAY AM	PreCanSkate Only	9:30-10:00 am	Sept 25 - Dec 4, 2026 (no skating Nov 27)	10 sessions 30 minutes Group lesson	\$175

*Yearly membership will be added to first registration: \$70 valid Sept 1, 2026-Aug 31, 2027

WINTER

DAY	PROGRAM	TIME	DATES	DESCRIPTION	COST*
MONDAY	CanSkate	5:45-6:30 pm	Jan 4 - Mar 8, 2027 (no skating Feb 15)	9 sessions 45 minutes Group lesson	\$160
	PreCanSkate	5:55-6:25 pm	Jan 4 - Mar 8, 2027 (no skating Feb 15)	9 sessions 30 minutes Group lesson	\$160
	CS (5&6)	3:30-4:30 pm	Jan 4 - Mar 8, 2027 (no skating Feb 15)	9 sessions 60 minutes Group lesson	\$180
TUESDAY	CanSkate	5:15-6:00 pm	Jan 5 - Mar 9, 2027	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	5:25-5:55 pm	Jan 5 - Mar 9, 2027	10 sessions 30 minutes Group lesson	\$175
WEDNESDAY	CanSkate	4:45-5:30 pm	Jan 6 - Mar 10, 2027	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	4:55-5:25 pm	Jan 6 - Mar 10, 2027	10 sessions 30 minutes Group lesson	\$175
	CS (5&6)	3:30-4:30 pm	Jan 6 - Mar 10, 2027	10 sessions 60 minutes Group lesson	\$200
THURSDAY	CanSkate	4:30-5:15 pm	Jan 7 - Mar 11, 2027	10 sessions 45 minutes Group lesson	\$175
	PreCanSkate	4:40-5:10 pm	Jan 7 - Mar 11, 2027	10 sessions 30 minutes Group lesson	\$175
FRIDAY AM	PreCanSkate Only	9:30-10:00 am	Jan 8 - Mar 12, 2027	10 sessions 30 minutes Group lesson	\$175

*Yearly membership may apply: \$70 valid Sept 1, 2026 - Aug 31, 2027