



VVSC: 26/27 Regular Season Schedule

Monday		Tuesday		Wednesday		Thursday		Friday
								Open 4 and up 630-8 AM
								PreCan 930-10 AM
CanSkate level 5/6 330-430	Star 1 330-430	Star 2 330-430	Star 3 330-430	CanSkate level 5/6 330-430	Star 1 330-430	Star 2 330-430	Star 3 330-430	
Star 3 430-530	Star 4 430-530	Synchro 430-500		FLOOD		CanSkate 430-515 PreCanSkate 440-510		
		FLOOD		CanSkate445-530 PreCanSkate 455-525				
		Star 2 Add On 430-530		CanSkate 515-600 Precanskate 5:25-555				Star 4 530-645
FLOOD								
CanSkate 545-630 PreCanSkate 555-625								
Star 5 630-745	Star 6+ 630-745	Star 4 600-700	Star 5 600-700	SMC		Masters Add On 530-645		
		Masters Add On 600-700		Star 5 615-715	Star 6+ 615-715	Star 6+ 645-800		
		FLOOD						
		Star 6+ 715-830					Star 4 715-815	Masters 715-815
Masters 745-830		Star 3 Add On 715-815						

Please note alternate schedule for the following dates/times:

Week of Sept 14: Alternate schedule to be determined by coaches. Ice time ends at 730 on Tuesday, Sept 15

Sept 22: Star 4 & 5 600-645 and Star 6+ 645-730

Sept 29: Star 4 & 5 600-645 and Star 6+ 645-730

All skating is at VALLEYVIEW ARENA unless otherwise marked (ie: Wednesday evenings at Sandman Center)



OFF ICE (Mirror Room Upstairs at Valleyview Arena) / Harness (beside ice surface):

Starting September 21, 2026

Monday	Tuesday	Wednesday	Thursday
Star 3/4: 3:45 - 4:15 pm Star 3/4/M: 6:30 – 7:00 off-ice harness	Star 2: 4:40 – 5:10 pm	Star 4/M: 6:35 – 7:05 pm at SMC	Star 2/3: 4:40 - 5:10 pm
Star 1: 4:40 – 5:10 pm Star 1: 5:10 - 5:35 off-ice harness	Star 5: 7:10 - 7:25 pm off-ice harness <i>(commencing October 6, 2026)</i>	Star 5/6+: 7:25 to 8:05 pm at SMC	Star 6+: 7:55 onwards – off-ice harness
Masters: 7:05 – 7:35 pm	Star 6+: 7:35 onwards off-ice harness		
Star 5/6+: 7:55 - 8:25 pm			

Schedule Details:

CanSkate (PreCanSkate, CanSkate):

Fall sessions begin week of September 21, 2026 (10 weeks)

Winter sessions begin week of January 4 (10 weeks, Monday is 9 weeks).

StarSkate/Competitive/Masters Skaters:

Regular season is September 14, 2026 to March 12, 2027.

Please note alternate schedule the week of September 14th. Watch for your email for details.

Lessons Included for Each Level:

Group Lessons:

- Group lessons are included in registration for all levels (10 to 45 minutes depending on level and day, registration portal contains complete details).

Private and Semi-Private Lessons:

- Private and semi-private lessons for Star 2, 3, 4 and 5 (partial) are included in registration. No separate billings from coaches each month.
- Private and semi-private lessons for Star 5 (partial), 6+, and Masters are **not** included and will be billed separately by coaches.

Off Ice:

- Dryland ice fit classes are included in registration costs.

Harness:

- Dryland harness training is included in registration costs. Harness will be offered on a rotational schedule for all Star 1 to Star 6+ skaters.



Holidays and Cancellations (No Skating):

Wednesday, September 30 (National Day for Truth and Reconciliation)

Monday, October 12 (Thanksgiving)

Wednesday, November 11 (Remembrance Day)

Dec 16 through January 3 (Winter Holidays)

Monday, February 15 (Family Day)

***Wednesdays at SMC:**

Occasionally, Star 5/6+ and Masters sessions on Wednesdays at SMC are cancelled due to Blazers games or other conflicts.

These dates are **CANCELLED**: Oct 7, Oct 21, Dec 9, Jan 13, Feb 10, Mar 3, Mar 10

Cost has been prorated for all skaters to account for these missed days.

Schedule is subject to change depending on registration numbers or other considerations